



# Easts Volleyball Club

EASTS APP

User Guide (Easts Programs)

## WELCOME TO OUR NEW APP!

This year to add in easier registrations, we have developed our very own app! This is a very brief document on how to register for our app. As more features become available, we will update this document.

## GETTING STARTED

To access the app, you will need to create a new user profile.

1. Click on the button “Create a New User Profile”
2. Enter the required fields
3. Click on Sign Up

### Sign Up

Username\*

Required. 150 characters or fewer. Letters, digits and @/./+/-/\_ only.

Email address\*

First name\*

Last name\*

Password\*

- Your password can't be too similar to your other personal information.
- Your password must contain at least 8 characters.
- Your password can't be a commonly used password.
- Your password can't be entirely numeric.

Password confirmation\*

Enter the same password as before, for verification.

**Sign Up**



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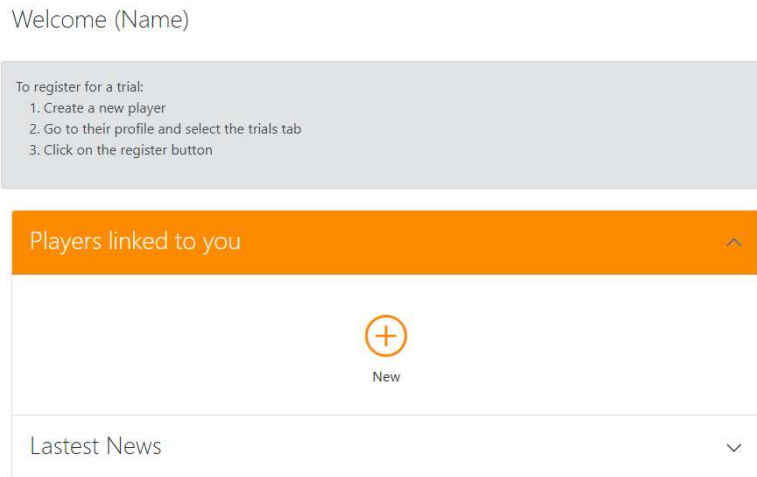
## USER PROFILES

There are two types of user profiles: yours, and the people you manage.

- Each account can have multiple user profiles. This is so that parents/guardians can manage multiple children from one account.

### Creating a User Profile

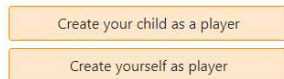
1. Press the 'New' Button



2. If you are looking to create your own user profile, select "Create yourself as a player". If you wish to create a user profile for someone you manage, select "Create your child as a player".

### Create new player profile

This player will be linked to your user profile. For parents, this allows you to register your children as part of your profile. If you are also playing, you will need to create a player profile for yourself.



3. Fill in the required fields.

### Create new player profile

This player will be linked to your user profile. For parents, this allows you to register your children as part of your profile. If you are also playing, you will need to create a player profile for yourself.

Create your child as a player

Create yourself as player

**Player's details**

Full First Name\*

Please enter your full first name

Preferred First Name\*

This may be a shortened first name or a preferred english first name.

Family Name\*

Date of Birth\*

Use the format dd/mm/yyyy

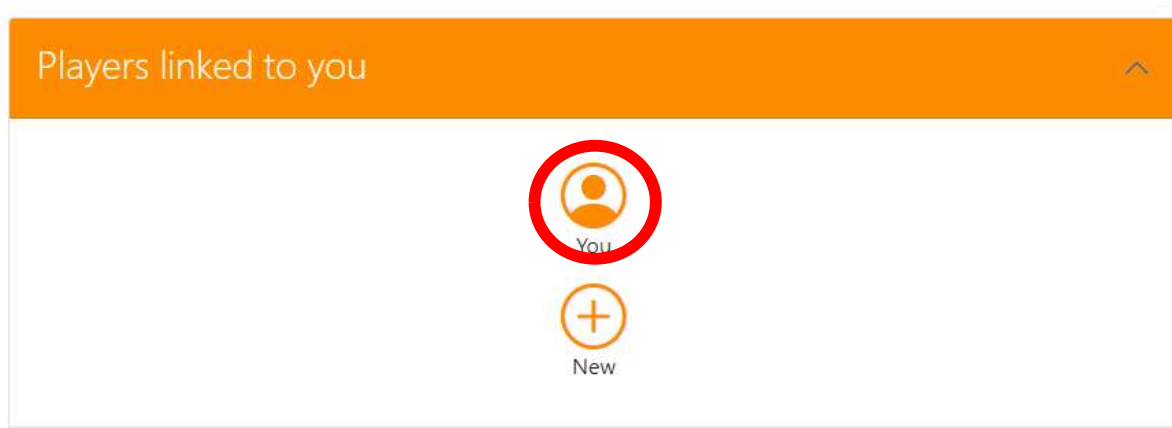
Your biological sex\*

Currently, competitions run by VQ, etc are based on biological sex

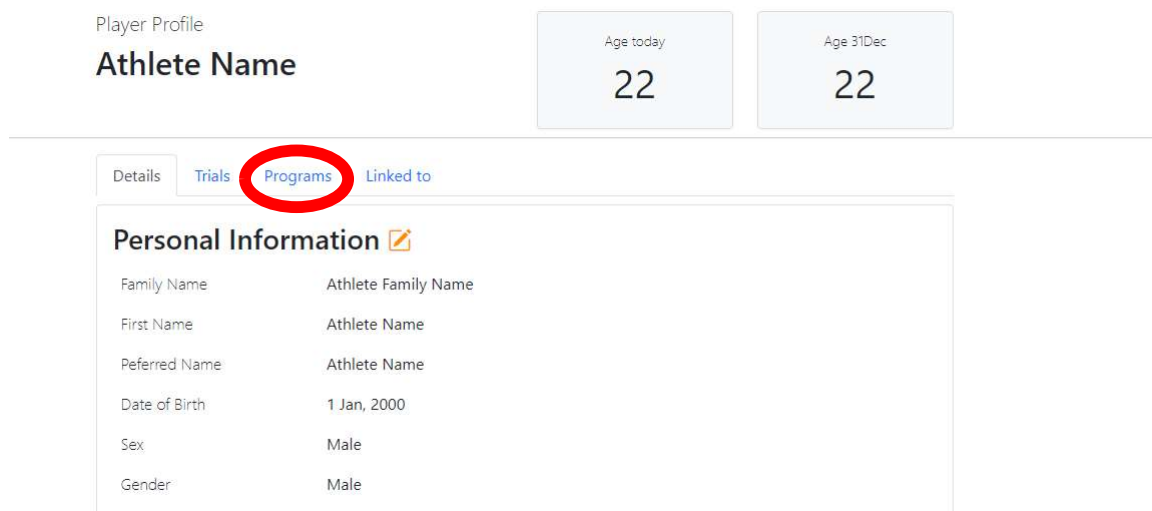


## REGISTERING FOR TRIALS

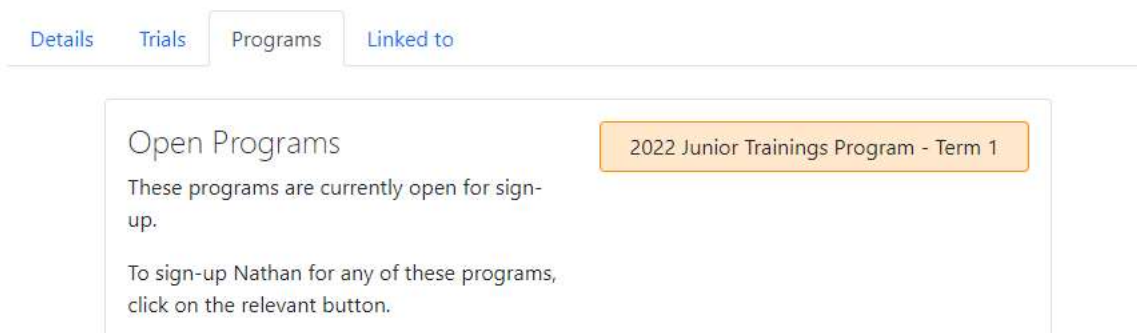
1. Select the user profile you wish to register to a trial (eg: Yourself, or a person you manage)



2. Click on the 'Programs' tab



3. Select the trial you wish to be considered for. There will be a list of trials which are available at the time.





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Select all the sessions that you wish to participate in and click “Sign Up”

### 2022 Junior Trainings Program - Term 1

Junior Training Programs  
Open to: All | Program status: Open

**EASTS JUNIOR TRAININGS PROGRAM**

The Junior Trainings Program is the entry-level training program for junior athletes aged 6-18. In order to better aid our athletes in their volleyball journey, the programs are split into more distinct and definable skill progressions starting from Beginner all the way to Advanced.

**Beginner and Foundational Programs**

These programs are heavily suited for our newest athletes looking to start volleyball for their first time. This program teaches the very basics of volleyball and the actions required to play volleyball. The Beginner Program is aimed at athletes who have never played volleyball before or have very limited knowledge, while the Foundational Program is aimed for athletes with at least a year's experience.

**Intermediate Program**

This program has the largest range when it comes to skill level. This level is open to athletes who have a grasp and understanding of volleyball but now need the experience from playing. Athletes here are introduced to further skill acquisition and explore systems required for higher-level systems and rotations.

**Aspiring and Advanced Programs**

Our Aspiring and Advanced Programs aim to provide both a technical and theoretical approach to volleyball required to compete at a representative level. At this level, athletes who aspire to compete in Junior PVL, State Teams, or District Teams are taught more strategic gameplay, positional/defensive systems, and a more narrowed approach to skill acquisition. To promote gameplay scenarios that athletes will encounter at representative levels, the size of this squad is capped per court. **These programs are generally invite-only. For athletes to participate in these programs, they will need to first need to be assessed at the Intermediate Level. Those who have been in this program in previous terms will either be asked if they would like to return or asked to re-trial.**

*If you have selected Aspirina and Advanced without an invitation. you will*

### Signup Form

**Player**  
Name | DOB

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**Select sessions**

Please select the session or sessions in this program that you wish to sign-up to.

- Beginner Program - Friday (CHAC 4:00pm - 5:30pm)
- Foundational - Wednesday (JPC 5:30pm - 7:00pm)
- Foundational - Friday (CHAC 4:00pm - 5:30pm)
- Intermediate - Monday (JPC 5:30pm - 7:00pm)
- Intermediate - Wednesday (JPC 5:30pm - 7:00pm)
- Intermediate - Friday (Balmoral SHS 6:00pm - 7:30pm)
- Aspiring - Monday (JPC 5:30pm - 7:00pm)
- Aspiring - Monday (Balmoral 7:30pm - 9:00pm)
- Aspiring - Wednesday (Balmoral 7:30pm - 9:00pm)
- Advanced - Monday (Balmoral 7:30pm - 9:00pm)
- Advanced - Wednesday (Balmoral 7:30pm - 9:00pm)

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Please provide a short description of your volleyball experience

- After clicking, you will receive an automated email from our app (please be aware it may end up in junk email folders). Your upcoming trials will be listed in the Trial tab.

Details
Trials
Programs
Linked to

### Programs Athlete has signed up for

Program	Player ID	Sessions	
2022 Junior Trainings Program - Term 1	2	None	<span style="border: 1px solid #ccc; padding: 2px 5px;">Edit</span>

If you have any questions about the app or need help registering, please email:

- Nathan Dang for the Junior Program ([juniors@eastsvolleyball.club](mailto:juniors@eastsvolleyball.club))
- Darcy Jackson for the Junior Training Programs ([juniors@eastsvolleyball.club](mailto:juniors@eastsvolleyball.club))